



KC-201 – How Does God Communicate With Us

KC - 201 Lesson 2 Text

HOW TO INTERPRET DREAMS (in 20 Simple Steps!)

You will have a difficult time interpreting dreams by only going to instructional classes. You can, however, learn to interpret dreams by following these simple steps:

1. Submit yourself to God. Receive His gift of salvation. Receive His gift of the Holy Spirit.
2. Believe that you are able to receive from the Lord. Don't permit your own limited view of yourself to limit your capacity to practice the presence and power of communication with Father. Understand that Father wants to commune with us even more so than we desire to commune with Him. He wants to communicate with us and He has created all of us with the ability to do so – to speak to Him with confident reverence and to hear from Him clearly.
3. To the best of your ability, cooperate with the transforming work of the washing of the water of the Word, the transforming power of the Holy Spirit, and the transforming power of an ever-deepening relationship with Father.
4. Study the parables taught by Jesus. Study dreams interpreted in Scripture. Study the visions recorded in Scripture and any accompanying explanations.
5. Practice moving in the gifts of the Holy Spirit – especially word of knowledge, word of wisdom, prophecy, and discernings of spirits. Practice hearing and receiving from Father through the Holy Spirit. Learn what it "feels" like to hear from the Lord.
6. Begin to study symbols. Start with some of the more basic things like colors, basic numbers, modes of transportation, people, buildings, things in nature,

basic animals and rooms of a house. Symbols are like trail-markers on the path to understanding. They don't contain the whole meaning of the dream, but they certainly help point the way.

7. Learn about the different kinds of dreams. Learn to discern the difference between a soul dream and a spirit dream. Knowing what kind of dream you are trying to interpret can be the key to understanding the dream.
8. If you are not sure, always seek the Lord about whether it is really a dream (symbolic and in strong need of interpretation) or if it is a vision (little or no symbolism, mostly literal with little to no need for interpretation.)
9. Never forget that dreams are symbolic and most often have layers of meaning and application. That is why two very experienced and accurate dream interpreters can present two very different sounding interpretations and they can both be right.
10. Put all of these things together. Remember that Joseph always gave credit to God – He always said that the interpretations of dreams come from God. Ask the Lord to share with you the answer to this question, "What are You saying, Lord? What is it you want us to see, hear and understand? What is Your message in this dream?" ... and then listen.
11. Practice. The more you do so, the more you will come to understand that you really need more practice.
12. Practice. The more dreams you hear, the more you will understand that every person who dreams has his or her own dream language. To one person I know cookies in a dream always represent a reward. To another friend of mine, cookies in her dream always symbolize temptation usually with some deception involved.
13. Practice. The more dreams you hear, the more you will understand that some dreams are yours to interpret and some are not. If you seek the Lord about a dream and you hear nothing, be honest and help the dreamer seek additional help.
14. Practice. The more dreams you attempt to interpret the more comfortable you will become in trusting yourself to seek the Holy Spirit and to trust yourself to hear Him clearly.
15. Practice some more. Gifts, callings and anointings are fulfilled and developed by reason of use. Exercise your gifts.
16. When you begin to think you're getting a handle on how to interpret dreams, practice some more. Don't ever think that, apart from the Lord, your interpretations are going to minister life to another. Always minister from the

Tree of Life and life will result. It is the anointing that breaks the yokes of bondage and sets people free.

17. Always rely on the Holy Spirit to give you the interpretation. Never rely on your understanding of symbols. Understanding symbols gives the Lord another avenue to communicate understanding. That's always good. But if you are presented with a dream and you don't have your cards or lists handy, what are you going to do? Read Genesis. Where do you think Joseph came up with those interpretations? He had no books or cards with symbols. If the Lord could communicate with Joseph under the Old Covenant, do you think God can and will communicate with us any less, of course not. Always rely on the Holy Spirit.
18. Keep your eyes firmly fixed on the Lord and not on the fact that you are attempting to interpret a dream. Don't permit yourself to become distracted like that as it will only result in you becoming either anxious or prideful and neither is good. All interpretations belong to the Lord. As an interpreter of dreams you are acting as a channel of blessing from God to the dreamer. You are an ambassador. You are a mouthpiece. You are a minister of the Lord to that dreamer.
19. Practice integrity, discretion and compassion in communicating interpretations. This person has just shared with you a very intimate experience. Even if the interpretation suggests they are in sin and they have opened themselves up to monstrous attacks from the enemy in their lives, remember their sin is none of your business. Remember they have had a warning dream, and the purpose of prophecy is to minister comfort, strength and encouragement not condemnation, religious judgment and fear.
20. Practice some more because you still don't know all there is to know about interpreting dreams. Each dream is unique. Each dream is personal to each dreamer. Two people may have very similar dreams, yet the message of God to each of them may be very different. Don't assume anything. Treat each dream as unique or you will not be open to receive the revelation the Lord intends. Have no preconceived notions. Assume nothing except God really wants the dreamer to understand His message in the dream or He would not have given the dream.

Permission granted from Katherine Johnson's "Dream Dictionary" – The Covenant Center, Lakeland, FL